

VISION

Palliative Care for all

MISSION STATEMENT

Leratong Hospice is a palliative care centre of excellence providing holistic palliative care for patients and support for their families and actively promoting palliative care.

In the community
For the community
By the community

Leratong Hospice
026-226-NPO

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"The place of Love"

LERATONG HOSPICE

026-226-NPO

ANNUAL REPORT 2011

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LERATONG HOSPICE BOARD

Ms. Jackie Legoabe	Chairperson
Mrs. Remigia Tloubatla	Deputy Chair
Mr. Rudolf Mastenbroek	Treasurer
Ms. Managa Pillay	Secretary
Fr. Kieran Creagh CP	Member
Mr. Thabo Letageng	Member
Dr. Sello Malatji	Member
Ms. Mary-Jane Morifi	Member
Mr. Brian Aldworth	Member

MANAGEMENT TEAM

Fr. Kieran Creagh CP	Director
Mrs. Remigia Tloubatla	Matron
Ms. Petra Lekganyane	Deputy Matron
Ms. Mildred Khoza	House Manager
Mr. Richard Ngxulelo	Head of Maintenance and Security
Mr. Shonisani Netshikweta	Admin Assistant

FOREWORD



Ten years ago the Leratong Board met for the first time in the parish office of St. George's Catholic Church, Saulsville. We had no site nor money, no bricks nor mortar, but we had a drawing of what Leratong might look like, a great team of six nurses willing to retrain in palliative care and a board of talented individuals who were to become a very strong team, to make Leratong what it is today.

Those early days were tough but nothing compared to the tough times experienced by some of our people who were suffering with AIDS-related illnesses and terminal disease. People like Ronald, Bridget and Salome whose suffering inspired the birth of what was to be a first class palliative care centre in South Africa.

Palliative care is a patient-centred holistic care that aims to make what is very difficult easier to cope with. Terminal illness is very difficult to cope with and I was moved many years before to see how Sr Labore and her team in our Lady's Hospice, Dublin, gave palliative care to those who needed it.

For ten years now I have seen how Matron Tloubatla, Sr. Tshidi Lekganyane and their support team of doctors, nurses, carers, housekeeping staff, maintenance and administration have devotedly given palliative care when needed. Their great work has been acknowledged with a 5-star rating from The Council for Health Service Accreditation of Southern Africa.

It has been a great privilege to watch this 'Place of Love' grow and develop, and I thank God for it and pray that He will be with you all to keep up the good and necessary work, for the next ten years and beyond.

Congratulation on your annual report for 2011

God Bless,

Fr. Kieran Creagh CP



Dear Friends

As the saying goes, the only constant in this world is change; and with the passing of yet another year, you can rest assured that all of us have undergone some metamorphosis of our own with no exception of course to Leratong, "our place of love".

As a chair-in-exit, I would like to take this opportunity to introduce my colleague and a familiar friend to you too, Ms Managa Pillay, who will be taking over the role of Chairperson. Over the past two years, I have had the pleasure of serving on the board with her and have experienced firsthand, her diligence and commitment in her service delivery and execution of tasks and therefore have no doubt that with her at the helm, Leratong is in capable hands. We have endured and marked the resignation as Director, of the founder and original cornerstone of our organization, Father Kieran Creagh. In the same breath I must point out that he is now our Lifetime Honorary Patron. Occasionally, the board and management team calls on him for advice and we are all eternally thankful to him for allowing us to continue to tap on his wealth of experience with the Hospice albeit oceans and oceans away from us. We also look forward to the journey ahead with him as our patron.

Operationally, it is business as usual at Leratong. We continue to welcome the sick and their families through our doors and on behalf of the board, I would like to commend the management team and staff for continuing to uphold a world class service in the dusty streets of "Mshengu-ville", an informal settlement in Saulsville. Thanks to you, we have attained the highest rating in COHSASA (the Council for Health Service Accreditation of Southern Africa) and it is only through you that we shall maintain this rating for our entire existence as a health facility.

The global financial outlook remains depressed and with uncertainties surrounding the Eurozone, experts are forecasting that the situation is set to continue well into 2012. No doubt our Donors found themselves in a difficult situation but were still able to accommodate the needs of Leratong. To you we would like to say that we, at Leratong, are acutely aware of your sacrifices and are humbled by your kindness and support amid these difficult times.

I would also like to acknowledge our global friends including those in Ireland, our networking partners, local hospitals, clinics and local NGO's. We have enjoyed our interactions with you and are hoping for an even stronger relationship going forward.

I am pleased to present this annual report for 2011 to you my friends, and it is my hope that you shall find the reading both interesting and informative and that Leratong shall find that special place in your heart.

Warmest regards,

Jackie Legoabe



Maria Rakgoale born on the 10th of April 1941, was a senior professional nurse, retired from Kalafong Hospital in 2002. She volunteered to work in Leratong Hospice, but even at that age she agreed to go for training in palliative care. She and five other nurses underwent a short course in palliative care which is accredited by the South African Nursing Council, at the East Rand Hospice from August 2003-February 2004, ready to start when the hospice opened.

A hard working, pleasant and always cheerful nurse who was willing work for the hospice when it was opened on the 1st of July 2004. She had a passion for her work, a great nurse of the old school who loved her patients. She further developed her palliative care skills by the experience she gained in St. Mary's hospice in Ireland, thus she was an expert in controlling, recording and management of the patients medication especially schedule 5 and 6.

In 2008, to enhance her work performance she underwent a Voluntary Confidential Counselling and Testing Course with the Foundation for Professional Development (FPD). She never missed a day's work though in later years she was not well. Competent as she was, we finally let her go end of February 2011.

She was admitted at Kalafong Hospital on the 19th February 2012 and peacefully passed away on the 21st February 2012.

"Gogo" Maria, as she was well known at Leratong Hospice, May You Soul Rest In Peace

Friends and Colleagues
Leratong Hospice



I firstly heard wrong information about the hospice from people, but after joining Leratong, it's totally different from what I have been hearing from other people. The first day I started working here at Leratong Hospice I felt welcomed by the staff and now I have been working here for seven years. Personally I have gained a lot of experience by working here. Staff at Leratong Hospice are doing a wonderful work and they love what they are doing. Management also encourages us to go further with our studies and they give us the necessary support for our development.

Caring for the patients was my dream, I always feel good when I develop a good bond with the patients and their families. The team work here at Leratong Hospice is very good and I feel good to be part of the Leratong team, I never regret working here as we are doing a wonderful work to our community.

Most of the patients that come to Leratong come here for terminal care, but as health care worker you end up forming a bond with the patient and it is heartbreaking when you lose some of them. I have realized that some discharged patients come back to the hospice for terminal care, this is due to lack of support from the immediate families and friends which is very important when a patient is discharged back home. It is also a great feeling when you come across former patients who are doing well and looking after themselves well, it makes me feel that my work is worthwhile.

Reginald Semono

One of the reasons I joined Leratong Hospice was the health talk I received while I was still in primary school which inspired me to work with patients, thanks to Sister Fancis from Nazareth House (in Water-Kloof) who assisted me to achieve my dream of being a health care worker. I experienced that sharing the passion and offering the care to those who needs it most, is a blessing.

Hospice was a new experience for me. I once felt sad for patients who were admitted and shortly afterwards passed on. The Psychologists always come to do debriefing helping us a lot on how to handle our emotions and I am able to cope.

What I like about Leratong Hospice is when patient tell us that they feel free and cared for while they are here, they soon regain their confidence, their independence and they are discharged back to their homes to their loved ones. One of the greatest forces behind Leratong Hospice's success is the team work and commitment by Leratong Hospice staff in order to provide top quality palliative care for all of our patients and their families.

Challenges for working at Leratong Hospice comes when some of our patients are discharged back to their families and don't get the necessary support and guidance they need at home, this then result in most patients defaulting their treatment and their health condition goes down and they get re-admitted to the Hospice. Although we work hand in hand with patient's families, it is also important that the community gives support to those affected and infected in order to minimize the stigma and increase the care to our patients.

Leah Makofane



Where does one start to acknowledge the people who work at Leratong- "the place of LOVE"? In the five years that I have been involved with Leratong Hospice, Leratong proved that it is the place where care is not measured in monetary value, but in the comfort that is provided to patients and their families, irrespective of their beliefs. It is indeed a privilege to be associated with Leratong.

Since my involvement with Leratong in 2007 I have seen growth and exceptional commitment towards the accreditation process which was put in place by the Palliative Care Association of SA, of which Leratong is a member. So much so that the Hospice received its second round of 5-star accreditation, a major achievement through hard work, dedication and team work. The example set by Leratong serves as motivation for other hospices in the region.

The national and global financial setbacks will certainly also provide its challenges to you as an organisation in future as it did in the past, but I believe that your firm faith-based values and creative team spirit will carry you forward in finding alternative ways of sustainability.

My blessing goes with you in the words of Derek Doyle:
*"May your eyes always be able to see the needs of others,
 your ears always be able to hear the cries for help,
 your heart always able to love the unlovable,
 your hands ever ready to hold the frail and the dying and
 your presence be able to ease the pain when all else fails."*

Dr. Nelia Drenth
 HPCA Palliative Care Development Officer:
 Northern Hospices.

Tribute to Fr. Kieran Creagh **Founder and now Patron of Leratong**

I think if we could all have a little bit of Fr. Kieran's spirit in us, the world would be a better place to live in.

Shonisani Netshikweta

Fr. Kieran was a good man who can praise you. A man who encourages you and who also gave us money for the hospice.

Sannah Chauke

He is a very good leader. A father who cares about our life skills and wants to see people always in a good situation, humble, loyal and healthy.

Eva Makamo

Fr. Kieran Creagh: A man who can charm you to give up your money and use it for a good cause. A man who can drive you to use up your good potential to deliver the best to other human beings.

Remigia Tloubatla

A father figure who filled my late father's place. You made me not to feel any longer like an orphan.

Elizabeth Mamafa

You will always be our Father. We will not forget what you are doing for us.

Sarah Thema

We are still continuing to do our best for the hospice and our patients. You have been a role model to us.

Champion Marozhe

Fr. Kieran is a good man of God. He is understanding, honest and he is like an angel.

Winnie Kgole

Fr. Kieran to me is a lot of things - a Director, Friend, Brother and a Priest, whenever you need advice and assistance he is always readily available to assist.

Richard

Thank you for being there for me, you still remember us on Leratong's birthday. Thank you for the work you have started, it is because of you that we are still working at Leratong even if you are not here.

Rose Mabula

The short period of time I worked with Fr. Kieran was a great life experience. I was inspired and motivated by his personality, humanity and hospitality. He is an amazing person who will always be missed.

Cynthia Selowa

Fr. Kieran is an amazing man with a good heart. Always respects everyone, rich or poor. He is a down to earth person

Petra Lekganyane

PICTURE GALLERY



SUMMARY OF INCOME & EXPENDITURE

1st January 2011 to 31st December 2011

Description 2011

Income:

FNB Trust	221, 000
Friends of Leratong (Ireland)	1, 051, 500
Gauteng Department of Health	463, 172
HPCA/Pepfar	126, 890
Kathleen Bush Foundation	10, 000
Makro	22, 960
Patients Contributions	35, 498
Sundry Donations	70, 665
FPD Income	153, 450
	2, 155, 135

Operating Expenses:

Accounting fees	35, 855
Administration and Management fees	61, 900
Bank charges	23, 386
Computer expenses	1, 009
Wellness for staff	3, 032
Depreciation, amortisation and impairments	96, 523
Donations	930
Employees costs	1,722, 218
New Centre	75, 473
Insurance	31, 516
Publications and membership fees	8, 568
Motor vehicle expenses	68, 224
Printing and stationery	19, 284
Hospice Operations	200, 614
Repairs and Maintenance	116, 030
Security	151, 806
Meeting expenses	304
Telephone and fax	69, 748
Training	6, 776
Travel	3, 142
Utilities	148, 724
	2, 845, 062

Loss for the year: (667, 778)

National Lottery Grant (received 23 December 2011 and deferred to 2012 financial year income statement) 1, 015, 148

DONOR & SUPPORT

Leratong Hospice would like to acknowledge the following for their greatly and much appreciated support:

- The Friends of Leratong (Ireland)
- Gauteng Department of Health
- First National Bank (FNB)
- National Lottery Distribution Trust Fund (NLDTF)
- Hospice Palliative Care Association of South African (HPCA)
- USA President's Emergency Plan for AIDS Relief (PEPFAR)
- The families of our patients
- Broederstroom Country Butchery, for supplying us with fresh meat every month
- Dipalesa, for ensuring that our reception area and the patient wards look beautiful with the flowers they donated to the hospice on a weekly basis
- Ma-Hlophe and Ma-Masubelele for their regular donation of fresh fruits & veggies
- The Sittigs Nursery, ensuring that the grounds and gardens of our beautiful hospice remain beautiful and are well maintained
- Ledwaba Funeral Parlour for ever looking after our undertaking with efficiency, dignity and respect
- Ritrovo Ristorante, for hosting the best night out for staff for Christmas dinner with delicious food and drinks
- Big Save, for the donation of groceries for our patients on a monthly basis
- SINVAC Plastics, for supplying us with storage plastic containers and for their continuous support of the hospice
- BDO South Africa Incorporated, our Pro Bono Auditors
- Woolworths Distribution Centre, for their weekly donation of food for our patients
- Sun-Bake (Pretoria), for the weekly donation of bread
- Supa Bake & Take (Laudium), for the donation of bread rolls and cakes to the hospice
- Local Churches
- Mangwanani African Day Spa
- Mechem
- Matekor

The bank accounts to which contributions may be made and will be gratefully received are:

South African Rand

Leratong Hospice
A/c No: 410036188
Standard Bank
Hartbeespoort
Branch Code: 01 34 45 00
Swift Code: SB ZAZA JJ

EURO

Leratong Hospice
A/c No: 77360960
Bank of Ireland
2 College Green
Dublin 2
Bank No: 90-00-17

Pound Sterling

Friends of Leratong
A/c No: 12779453
Bank of Ireland
High St, Belfast
Bank No: 90-21-27