

DO NOT GIVE AWAY

LARY COR

LERATONG HOSPICE

ANNUAL REPORT 2005 - 2006



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MISSION STATEMENT

With the support of the community and
working with local home-based care teams,

Leratong Hospice provides holistic,
palliative care when needed and is a centre of counselling
and support for patients and their families.

Leratong is a home for those without one.

*In the community
For the community
By the community*



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"Where There Is Love"

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If you wish to make a financial contribution, we have opened for your convenience three accounts (in three currencies).

In Pound Sterling:
Friends of Leratong
Hospice
A/c No: 12779453
Bank Of Ireland
High St, Belfast
Bank No: 90-21-27

In South African Rand
Leratong Hospice
A/c No: 410036188
Standard Bank
De Handelsspt, Melodie
Hartbeespoort
Bank No: 01 34 45 00
Swift Code: SB ZAZA JJ

In EURO:
Leratong Hospice
A/c No: 77360960
Bank of Ireland
2 College Green
Dublin 2
Bank No: 90-00-17

FOREWORD



It is an honour to be asked to write the introduction to Leratong's Annual Report for 2006.

The Embassy of Ireland has been fortunate to participate and share in Leratong's remarkable journey over the last few years. From the small space on a hilltop first identified as a good site for the hospice, through the construction and toil of Leratong's creation, and on to the hospice's opening and the wonderful care and comfort it is able to provide today, the Embassy has admired and respected the incredible work and devotion of Fr. Kieran and his team.

It is almost a cliché to say that the Government of Ireland appreciates such hard work, but, in this instance, it could not be more the case. The many Ministers and representatives we have brought to Leratong over the last few years have been greatly moved by the experience, sharing tales of its remarkable kindnesses and hard work with everyone else they have met in South Africa, and, on returning to Ireland, spreading the word about this small hospice in Atteridgeville where so few achieve so much every single day.

It has been said before, but Leratong, as the name suggests, is genuinely a place of love, and visiting, for me and all the Embassy staff, remains a humbling experience. This is a place of affirmation and hope. Leratong serves the community and belongs to the community.

The Embassy of Ireland looks forward to many more years of partnership, sharing and learning from this remarkable celebration of life and how to live it.

With continued best wishes,

Gerard Corr
Ambassador of Ireland.



Mary Hamey, Tanaiste with patient
(Irish Deputy Prime Minister)



Dear Friends

It gives me great pleasure to present the Annual Report and Audited Financial Statements for Leratong Hospice for the period 2005 - 2006, a year which also marks my first term as Chairperson of the Leratong Board.

It was a remarkable year in many ways. On July 1 2005 we celebrated our first anniversary as a fully operational Hospice at which point we had provided palliative care for 148 patients. On October 8 2005 - World Hospice and Palliative Care Day we held our Annual General Meeting. This was a very successful and heart-warming event for the Hospice which combined the business of the AGM with a celebration of the Hospice and the large attendance included Board members, staff, donors, friends, neighbours, patients and former patients.

The needs of our mainly HIV/AIDS patients are of paramount importance and our experience during the year led to the evolution of a more expansive approach to palliative care, one which encompasses helping our patients cope with all consequences of their illness. Thus we provided access to a range of professional support that included counselling, physiotherapy, occupational therapy and social services.

An extension of this vision was the establishment of the Leratong Support Group. The Support Group, which grew from strength to strength, enabled us to assist those terminally ill patients who have benefited from Hospice care, cope with on-going symptom and medication management and thus live as fully as possible.

It was rewarding to note the development of the organisation led by our dedicated Director and Matron and to see our staff grow together as a team for the benefit of our patients. Our increasing maturity was reflected in the development of a long-term strategy to ensure the sustainability of the hospice and the commitment expressed by the Board and staff to attain full hospice accreditation by the Council for Health Service Accreditation of South Africa during 2007.

Our heartfelt gratitude is once again extended to all our donors and friends. Without your support the work of Leratong would not be possible. A special thank you is extended to all our friends in Ireland who have individually and in groups contributed so much financial support to the hospice. We will always strive to justify your trust in us by ensuring that the hospice is at all times a responsibly governed, well managed safe haven for the terminally ill.

I wish to take this opportunity to acknowledge the contribution made to the establishment and development of the Hospice by three people who have been special friends of Leratong since the beginning. Nicole Mc Hugh, Fr. Ignatius CP and Francois Dronnet helped lighten the burden on many occasions and in many situations. Kea leboaga.

 TSHIDI

Dube Tshidi (Chairperson)



Introduction

With the commitment of our dedicated staff and the support of our community of friends both in South Africa and abroad, Leratong can look back on the past year with gratitude, humility, and some pride:

- We were grateful for the support expressed in so many ways by our growing community of friends
- We were humbled by our interactions with our patients and we were constantly reminded of the real need for the care and love that Leratong strives to provide
- We are proud that we became an organisation that is recognised for the quality of our patient care and for our professional approach to the business and administrative aspects of running a hospice

We fulfilled our mission through providing holistic palliative care for over 300 terminally ill patients, the vast majority of whom were young men and women infected with HIV/AIDS and related opportunistic infections. Our experience during the year led us to expand our concept of palliative care beyond the commonly accepted view to meet the needs of our patients.

While all our patients were terminally ill their needs frequently extended beyond pain alleviation and symptom control. We helped our patients cope with their associated psychological and social problems and concerns through ensuring access to a range of professional support that included counselling, physiotherapy, occupational therapy and social services. Leratong truly became the family for those with none by helping our patients live as fully as possible.



A key component of this innovative approach to palliative care was the formation of the Leratong Support Group which provided support to patients who, following proper care at the Hospice, were in a position to be discharged. The caring environment and the practical advice available through the Support Group enabled our terminally ill patients to lead a full life for as long as possible.

The quality care and support given to all our patients was underpinned by good governance of the Hospice and this is reflected in the Audited Statements for the year ending Feb 2006 which are part of this report.



Staffing at Leratong

Our achievements in quality palliative care were possible because of the dedicated team that make the mission of Leratong a reality. Our staff, lead by our full-time Director, grew in number to 40 men and women drawn from the local community and now comprises:

- 4 Doctors (part-time) one of whom is a Board member and three of whom were provided through the generous support of our local Kalafong Hospital
- 9 Professional nurses headed by our Matron
- 2 Staff nurses
- 12 Carers
- 9 Housekeeping staff
- 4 Administrative staff

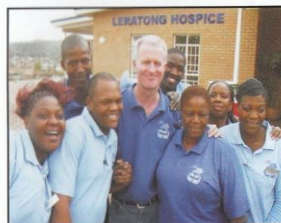
Leratong is not yet in a position to offer market related salaries and we commend our staff for their dedication and for giving so much since the hospice commenced.



Staff Development and Support

Hospice management recognised that provision of palliative care whilst rewarding in many ways for those involved, can also be emotionally draining. While we were not in a position to offer the salaries we would wish for our staff, we did our best to ensure that they had the necessary care and support to help them deal with the demands of working in a hospice environment. During the past year the services of two clinical psychologists, Mr. Adrian Tyghe and Mrs. Khomo Moroakgomo, were made available to address the emotional needs of our staff in dealing with death and dying. We also made arrangements for "one to one" counseling with our local counselling centre, Kwa Siyalalala, should the need arise. In addition all of our staff completed a training course entitled "From Cure to Care". This is a course intended to help those involved in palliative care to understand the benefits of good care in the face of no cure and not to see lack of cure as failure.

Staff also attended a course on Palliative Care under the auspices of the Life Little Company of Mary Oncology Centre, Pretoria and Pretoria Academic Hospital. Our 8 nurses and 3 of our doctors attended the International Palliative Care Conference hosted by Pretoria Academic Hospital in Pretoria. The theme of the Conference was "Multidisciplinary Approach in Palliative Care" and was of benefit to the hospice in the conceptualization of a multidisciplinary approach for Leratong which will be taken forward in the next year.



Referral System for Leratong

Leratong through sustained engagement with the hospitals in the area gradually built up an appropriate referral system with a number of public hospitals including our local Kalafong Hospital, Pretoria Academic Hospital and Pretoria West Hospital. Our engagements included hosting a meeting with the social workers from Kalafong Hospital to establish a good working relationship and meetings with the Medical Departments of Pretoria Academic Hospital and the medical staff and social workers associated with Pretoria West Hospital. These interactions combined with word of mouth recommendation and visits to the hospice by representatives of various community, corporate and media organisations ensured that the Hospice facilities were used to the optimum benefit of those most needy.

Leratong a Centre for Palliative Care Development

Under the guidance of our Matron, Mrs Remigia Tloublata, the hospice took its first steps towards becoming a centre for the promotion of palliative care, a seed that has now been incorporated as a main objective into the Hospice Strategic Plan for 2006-2010. A formal arrangement was put in place between the Medical University of South Africa (MEDUNSA) under which all third year medical students undertake their clinical experience in palliative care at Leratong. Other initiatives were undertaken through *ad hoc* referrals such as facilitating the two week visit of five staff from a rural hospital in the Eastern Cape in order for them to gain experience and insight to enable them to open a Palliative Care Centre in their community

Leratong Part of the Community

As reflected in our mission statement Leratong continued to contribute to the development of the local community support network and a major achievement was the publication and launch of the Phelindaba Forum Community Resource booklet. This publication was initiated by Leratong and has proved to be a great asset for the many voluntary organisations in the township. Leratong as in previous years continued to participate actively in the local Home-based Carers' Forum, and the Association of Northern Hospices. (HPCA)

We wish to acknowledge the mentoring and support received from Ireland through the very successful intervention on HIV and sexual health facilitated by Annette Rochford and Sandra Delamere. This intervention was of benefit to the Hospice and through their hard work of Sandra and Annette during the short visit, was also made available to the Home-based care teams in the township.



Leratong Plans for the Future

Having found our feet in our first year, we now have to use them properly to ensure the future sustainability of the hospice. The Board and Management together with the staff and other stakeholders are currently working towards Leratong achieving full accreditation for Leratong by the Council for Health Service Accreditation of South Africa (COHASA). This aim is reflected in the Strategic Plan 2006-2010 which was developed towards the end of the year. It entails ensuring that all aspects of the Hospice including governance, management and patient care are based on sound policies and procedures which support best practice in line with the recommendations of the Hospice and Palliative Care Association of South Africa (HPCA). In March this year HPCA, on behalf of COHASA, carried out a Baseline Survey, which indicated we are well on our way to receiving accreditation and we hope that this will have been achieved by our next Annual Report.



LERATONG HOSPICE DETAILED INCOME STATEMENT for the year ended 28 February 2006

	Notes	2006 R	2005 R
Gross revenue			
Donations		1,383,230	2,241,414
Cost of sales			
Income		205,447	138,747
Interest received		143,447	138,747
Municipal charges recovered		62,000	-
Total income		1,588,677	2,380,161
Expenditure		1,504,204	1,003,491
Accounting fees		16,012	13,055
Auditors' remuneration		7,750	2,750
Bank charges		13,443	11,611
Cleaning		23,899	9,316
Computer expenses		5,252	5,380
Consulting fees		7,040	-
Depreciation		159,494	116,123
Donations		1,052	-
Electricity and water		38,218	62,000
Groceries and provisions		85,922	47,090
Hospice operations		110,273	66,083
Insurance		15,406	14,332
Internet fees		-	1,750
Magazines, books and periodicals		7,885	5,120
Motor vehicle expenses		30,566	13,924
Printing and stationery		16,758	11,115
Repairs and maintenance		31,531	7,321
Salaries		725,751	453,774
Security		60,204	53,800
Sundry expenses		21,067	32,890
Telephone and fax		57,809	61,724
Training		56,801	5,697
Travel		12,071	8,636
Surplus		84,473	1,376,670

The full version of Leratong annual financial statements (for the year ended February 2006) is available on request from Leratong Hospice.



BOARD OF MANAGEMENT

Executive

Chairperson	Mr Dube Tshidi	Advocate
Deputy-Chairperson	Ms Helen Williams	Education Development Consultant
Secretary	Ms Tilly Mokete	Pharmaceutical Rep & Professional Nurse
Treasurer	Mr Brian Aldworth	Accountant

Board members

Dr.Sello Malatji	General Practitioner
Mr Thabo Letageng	Lawyer
Sr Adrian Murphy	Little Company of Mary
Mrs Remigia Thoubatla	Leratong Hospice Matron
Fr Kieran Creagh CP	Leratong Hospice Director

Hospice Management Team

Fr Kieran Creagh CP	Director
Mrs Remigia Thoubatla	Matron
Mrs Tshidi Lekganyane	Deputy Matron
Mrs Tiny Motau	Head of Housekeeping
Ms. Mildred Khoza	Administrative Assistant



CLOSING REFLECTION



In my nursing experience of 35 years (that included intensive care, theatre nursing and nursing tutor) I have never felt as much fulfillment as I have felt for the past three years rendering palliative care at Leratong Hospice.

Leratong's philosophy is slightly different from the general hospice philosophy: We pride ourselves in providing accessible, relevant and free services to the communities of Saulsville, Atteridgeville and beyond. We aim to restore the dignity of the terminally ill patients in our care and support their families. Our staff listen to each patient's experience, respond to their

every need -expressed or latent- and deal with each personality individually. Our intervention is holistic. All ways of caring are available to our patients: physical, psychological, social and spiritual. Quality of life is our goal.

It gives me great joy at the end of the day to see a patient who came to us in great distress brightening up to the loving care surrounding him or her.

Remigia Thoubatla (Matron)



DONORS AND SUPPORTERS

The support and encouragement of the following is gratefully acknowledged:

Anglo American Chairman's Fund (SA)
 Antonio Braz Trust (SA)
 Apostolic Workers, Down and Conor (Irl)
 Arg Design, (Architects), Cape Town (SA)
 BDO Spencer Steward (SA)
 Big Save Market, Pretoria (SA)
 Big Save, Watloo (SA)
 Blackrock Supermarket, Saulsville (SA)
 Broedestroom Butchery, Broedestroom (SA)
 Daniel Stephen Kerr RIP (USA)
 Development Co-operation Ireland, Embassy of Ireland, Pretoria (SA)
 Down Patrick Third World Fund (Irl)
 Eskom Foundation (SA)
 Flax Trust, Belfast (Irl)
 Friends of Leratong, Holy Cross, Belfast (Irl)
 Friends of Leratong, Mount Argus, Dublin (Irl)
 Friends of Leratong, Tyrella, Co. Down (Irl)
 Friends of Leratong, Dunmore, Co. Galway (Irl)
 Friends of Leratong, Belfast, (Irl)
 Gauteng Department of Health (SA)
 Gavin family, (Irl)
 Ledwaba Funeral Parlour cc. (SA)
 Louis and Zelig Martin Foundation, Dublin (Irl)
 Magic Rice, Midrand, (SA)
 National Lottery Distribution Trust Fund, Pretoria (SA)
 Old Mutual (SA)
 Passionist Congregation, (Irl)
 Prestige (Margaret) (SA)
 Ritrovo restaurant (SA)
 Sarel Swanepoel and G.J Nel, Eurotech Construction (SA)
 Sittigs Nursery, Hartbeespoort (SA)
 The Creagh Family, Belfast (Irl)
 Tania Scintzis & Esme Muller, Thandeka Graphics (SA)
 Universal Paints, Kya Sands, Johannesburg, (SA)

Ms. Nicole McHugh
 Fr. Ignatius Waters
 Mrs. Anna Gonsalves

